



September Maxwell Activities

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9 – 9:45a Cardio Drumming 12 – 5p Bridge 1 – 2p Bingo	2 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball	3 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 1p Bean Bag Baseball
6 10 – 10:45a Dance Class 10 – 11:30a Ceramics LABOR DAY OPEN FROM 10AM – 3PM	7 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting	8 9 – 9:45a Cardio Drumming 1 – 2p Bingo	9 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball	10 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 1p Bean Bag Baseball
13 10 – 10:45a Dance Class 9 – 11:30a Ceramics 12 – 5p Bridge	14 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 12 p Senior Safety Talk with Officer Zheng 1p Bunco 1 – 4p Oil Painting	15 9 – 9:45a Cardio Drumming 12 – 5p Bridge 1 – 2p Bingo	16 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball	17 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters
20 10 – 10:45a Dance Class 9 – 11:30a Ceramics 12 – 5p Bridge	21 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting	22 9 – 9:45a Cardio Drumming 1 – 2p Bingo 2:15 Ice Cream Cone Treats Ice Cream Cone Day	23 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball	24 9 – 9:45a Cardio Drumming 10a – 3p Maxwell Quilters 1p Bean Bag Baseball
27 10 – 10:45a Dance Class 9 – 11:30a Ceramics 12 – 5p Bridge	28 9 – 10a Sit N Fit 9a – 12p Oil Painting 10 – 11a Yoga with Carey 1p Bunco 1 – 4p Oil Painting	29 9 – 9:45a Cardio Drumming 12 – 5p Bridge 1 – 2p Bingo	30 9 – 10a Sit N Fit 9 – 11:30a Knit/Crochet 10 – 11a Yoga with Carey 1p Chair Volleyball	The Maxwell Adult Center 1201 Center Street Deer Park, TX 77536 (281) 478-7276

No transportation to and from the center will be offered at this time