

# Reminder



## Upcoming Events

**May 4 & 6: National Sun Safety Week!** To kick-off the holiday during curbside meals, participants will receive sunscreen and sunglasses! 50 participants are guaranteed to receive an item

**May 5: Cinco de Mayo!** Join us as we hand out maracas during curbside meals to celebrate this holiday! 50 participants are guaranteed to receive an item.

**May 8 & 22: Parking Lot Bingo** will be conducted for Deer Park residents aged 55 and older at the Maxwell Adult Center. Bingo starts at 9am.

**May 9: Happy Mothers Day!**

**May 11: Hostess Cupcake Day!** During curbside and home-bound meals, participants will receive a hostess cupcake to celebrate Hostess Cupcake Day! 50 participants are guaranteed to receive a cupcake during curbside.

**May 19: RepellANT!** Be prepared for the summer and all things nature as we prepare to make insect repellent. Seniors are invited to participate in a socially distanced crafts class in the McHenry Pavilion to make insect repellent. Participants will be socially distanced during the entire program. All supplies will be provided and classes will be led by a Maxwell Center employee. Please call the Community Center at 281-478-2050 to register for this free event by May 17th. Class starts at 1pm.

**May 21: Parking Lot Pizza Party!** Seniors will be invited to attend our parking lot pizza party. For \$5.00 per person seniors will receive 2 slices of pizza and one canned soft drink. Music will be streamed from a speaker for entertainment. Seniors are encouraged to remain in their vehicles. Food and drinks will be delivered to their vehicles by a masked and gloved member. To register for this event, please call the Community Center at 281-478-2050. Registration due by May 19, 2021. Event is from 5-6:30pm.

**May 27: Free Trial Meditation with Stan.** Meditation is a technique that can bring about a sense of well-being in spite of circumstances. It also helps you cultivate the awareness and mental discipline that enables you to concentrate so that you can perform any task more efficiently while increasing your resilience by allowing you to respond to challenging situations in a proactive manner. Please call the Community Center to register for this free session at 281-478-2050 by May 21st to reserve your spot. Session is from 2-3pm via WebEx.

**June 1: Mother's/Father's Day.** Come celebrate this joint Mother's and Father's Day holiday with your friends at the Maxwell Center. Deer Park Senior participants will receive one catered meal prepared by Azalea Creek from 4pm-5:30pm. Meals will be handed out via curbside pickup. Please RSVP by calling the front office at 281-478-2050 by May 24th. The meal includes lemon chicken, roasted sweet potatoes, steamed green beans, garden salad and a roll.

**June 3: Meditation with Stan.** Join Stan for a four week session as he teaches various techniques to help you cultivate awareness and mental discipline. Class is every Thursday from 2p-3pm. Class will be held virtually via WebEx. Please call the community center to enroll and pay \$20 by May 28th to reserve your spot.

## Book Worm Club

Seniors are invited to participate in a book club hosted by the City of Deer Park Library the second Tuesday of each month at 4pm. Participants will join a socially distanced readers club at the library to discuss the months reading. Books can be checked out at a limited supply at the Deer Park Library.

Tuesday, May 11

"Miracle Creek" by Angie Kim  
(legal thriller)

Tuesday, June 8

"The Guest List" by Lucy Foley  
(suspense/thriller fiction)

If you are interested please call the Maxwell Center at 281-478-7276 to join the mailing list for information.

